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| --- | --- | --- | --- | --- | --- |
|  | 1  Emerging | 2  Developing | 3  Effective | 4  Proficient | 5  Exemplary |
| **Clears** | Working on her clearing range. Developing decision making under pressure and the ability to see the whole field. | Can successfully clear to a low teammate. Scans the field and make a smart clearing decision with the ball. | Can clear to the restraining line confidently with no pressure on. Uses both a quick clear and outlet clear. Can possess the ball under some 1v1 pressure and make a connecting pass with a teammate. Understands how to use her circle to exit away from pressure. She can make good decisions quickly. | Throws her clears fluidly and comfortably within a 50 yard range, spots where the ball came from for the quick clear. Uses middies as the quick clear option to start the fast break. Can hit players with a bullet or lob pass consistently. Uses both the quick clear option or outlet low effectively. Uses her goal circle to aid in her possession of the ball. Can possess the ball outside the crease with ease and atheltesicsm. Can move the ball fluidly and comfortably under great pressure. | Starts the fast break consistently with her clears. Can hit her teammates consistently within a 50 yard range with a bullet or lob pass. Surpases her opponents athletically when she is out of the crease. Uses her goal circle and spacing to create separation from her opponents. Can handle double team pressure and is calm and collected at all times outside her crease. Makes clears fluidly and comfortably. Spots where the ball came from for the quick clear. Uses middies as the quick clear option to start the fast break. Can hit players with a bullet or lob pass consistently. Uses both the quick clear option or outlet low effectively. Uses her goal circle to aid in her possession of the ball.. |
| **Presence** | When she is in the goal she lets her defenders know where the ball is. Her defenders ignore her but know she’s there (they haven’t learned to listen yet). | When she is in the goal she asks her defenders where the slides are. Her defenders listen to what she’s saying. | When she is in the goal she communicates without dictating. Her defenders listen to her and implement what she’s saying (i.e. sliding/sending a double). | When she is in the goal she recognizes what is coming next and vocalizes it. Her defenders respond to her direction. | When she is in the goal, talks with her defenders and efficiently communicates what is going on. Her defenders talk with her and communicate with her. They make adjustments as a unit and she is the 8th player in the unit. |
| **Positioning and Hand/Eye Movement** | She moves to the general vicinity of the shot. She is working on her steps as a fluid movement. Can consistently see the ball when a player shoots in the 8 meter range. Her hands move to the general vicinity of where to ball is being shot. | She moves to the space where the ball is going. She is developing her steps into a fluid athletic movement. Can consistently see the ball when a player shoots. With lite coverage (i.e. with a defender on the shooter). Her hands move to the space where the ball is going. | She moves to the space where the ball is going with some wasted movement (i.e. a hitch or step backward). Her steps are fluid and athletic. Can consistently see the ball when a player shoots through medium to heavy coverage (i.e. double team or multiple people in the 8). Her hands move to the space where the ball is going, while staying patient on some fakes. | She moves to the space where the ball is going with little wasted movement. She moves with comfortable and fluid steps. Can consistently see the ball when a player shoots off of a quick feed. Her hands move to the space where the ball is going while staying patient on more fakes. | She moves to the space where the ball is going efficiently and effectively. Her movement looks like the standard for her style of play. Can consistently see the ball when a player shoots. On top of the crease with fakes. Her hands move to the space where the ball is going while staying patient with most-all fakes. |

**Clears**

1. Is working on her clearing range. Is developing decision making under pressure and the ability to see the whole field.
2. Can successfully clear to a low teammate. Scans the field and make a smart clearing decision with the ball.
3. Can clear to the restraining line confidently with no pressure on. Uses both a quick clear and outlet clear. Can poses the ball under some 1v1 pressure and make a connecting pass with a teammate. Understands how to use her circle to exit away from pressure. She can make good decisions quickly.
4. Throws her clears fluidly and comfortably within a 50 yard range, spots where the ball came from for the quick clear. Uses middies as the quick clear option to start the fast break. Can hit players with a bullet or lob pass consistently. Uses both the quick clear option or outlet low effectively. Uses her goal circle to aid in her possession of the ball. Can possess the ball outside the crease with ease and atheltesicsm. Can move the ball fluidly and comfortably under great pressure.
5. Starts the fast break consistently with her clears. Can hit her teammates consistently within a 50 yard range with a bullet or lob pass. Surpases her opponents athletically when she is out of the crease. Uses her goal circle and spacing to create separation from her opponents. Can handle double team pressure and is calm and collected at all times outside her crease. . her clears fluidly and comfortably, spots where the ball came from for the quick clear. Uses middies as the quick clear option to start the fast break. Can hit players with a bullet or lob pass consistently. Uses both the quick clear option or outlet low effectively. Uses her goal circle to aid in her possession of the ball. Can possess the ball outside the crease with ease and athleticism. Can move the ball fluidly and comfortably under great pressure.

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4. When she is in the goal she recognizes what is coming next and vocalizes it. Her defenders respond to her direction.
5. When she is in the goal, talks with her defenders and efficiently communicates what is going on. Her defenders talk with her and communicate with her. They make adjustments as a unit and she is the 8th player in the unit.

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