



The Way of the Maniax

Sports and Passion Fueling Life

Be Remarkable -

What will you be known for?

- Be enthusiastic
- Act with integrity, be honest and truthful
- Embrace Challenges
- Set Goals and take steps to achieve them
- Ask for help when you need it
- Be passionate about being your best, show up and work hard
- Use setbacks as opportunities to improve your game and yourself
- Be mentally tough and have a growth mindset
- Look for what's right vs look what's wrong
- Use constructive criticism to become better not bitter
- Control your attitude and effort no matter the score
- Wear your pink with pride, represent your program with pride in season, out of season, all the time
- Be a great teammate
- Support each other
- Be Helpful
- Say Thank you
- Clean up after yourself
- Respect referees, opposing team, coaches and parents, hotel employees, restaurant employees, and tournament staff
- Give your best effort when the stands are full AND when there is no one around to watch

